



C E N T E R F O R
Multicultural
 Wellness and Prevention
 Facilitating access to services in Central Florida

For Immediate Release

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PRESS RELEASE

FEDERAL AND STATE OFFICIALS TO ATTEND HEALTH SUMMIT IN ORLANDO
(Former US Congressman Alan Grayson, set to deliver Keynote Address)

ORLANDO, Fla. - September 8, 2011– The Annual Caribbean Health Summit is set to receive a boost from several official speakers. The former US Congressman, Alan Grayson is set to deliver the keynote address at the upcoming 9th Annual Caribbean Health Summit set to take this Saturday, September 10, 2011. This free community event will take place from 8:00am – 2:00pm at the Central Florida Fair & Exposition Park (Fairgrounds), located on West Colonial Drive in Orlando.

In addition to Alan Grayson, State Representative Geraldine Thompson, Commissioner Ronald Brisé from the Florida Public Service Commission, City of Orlando Commissioner, Daisy W. Lynum, Dr. Kevin Sherin of Orange county Health Department and J. Willie David III, from the Florida Civil Rights Association will also be addressing the audience on the importance of being healthy. The theme of this year’s event “**Healthy You = Healthy Community**” was chosen by the planning committee, because they felt that the healthier individuals are, the stronger their community would be, in terms of being more productive. These addresses will focus on individuals to take responsibility for their health and team up with others in their community so that these communities will be stronger, healthier and more productive. State Representative Geraldine Thompson and Daisy W. Lynum have co-chaired this event for the past three years.

The Health Summit will provide participants from the Central Florida and Caribbean communities of all age access to health screenings, information and educational seminars related to health maintenance with an emphasis on promoting safety, optimal wellness and a happy lifestyle. Free screenings such as blood pressure, Body Mass Index (BMI), HIV, Syphilis, glucose and cholesterol, PSA (Prostate Specific Antigen), DRE, mammograms, and Pap smears are some of the screenings that will be available. Vision screening will also be provided by Sam’s Club on west Colonial drive.

This year’s co-premier sponsors are “All Into Health” and Florida Hospital. The **all in** project was created as a result of funding from a Federal grant to support public health efforts to reduce tobacco use and exposure from second hand smoke. The objectives of the **all in** project is to inform and educate the Orange County community of the importance of tobacco-free environments, raise awareness of the health threats of second-hand smoke and increase motivation to quit.

There will be activities for children, adults and seniors for all to enjoy. Come out together to enjoy a full day of fun and health education for the whole family.

The Center for Multicultural Wellness and Prevention is a 501 (c) 3 not-for-profit organization with the mission to enhance the health, wellness and quality of life for diverse and ethnic populations in Central Florida.

CMWP has a well-defined history of providing health education and outreach to Central Florida’s minority population. CMWP is an established non-clinical setting, health education and outreach agency in Orlando, Florida. The organization has successfully partnered with community and social agencies to effectively address the health education needs of Central Florida’s minority communities.

For more information about the Center for Multicultural Wellness and Prevention Inc., please call (407)648-9440, extension 10, 14 or 16. You can also visit our website at www.cmwp.org.

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